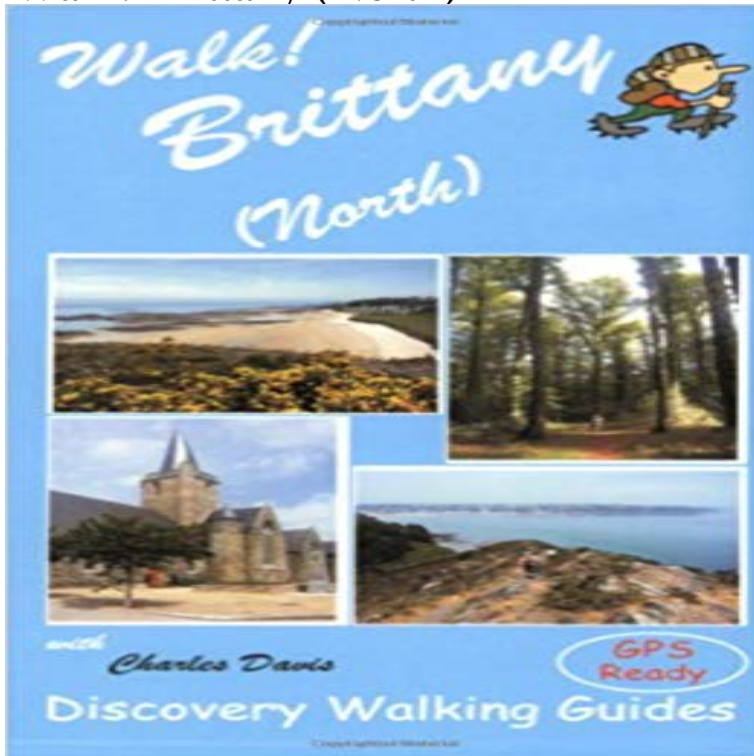


Walk! Brittany (North)



Whether traversing wild, untenanted moorland or roaming across bucolic countryside, whether discovering an orchid-lined pilgrim s way or exploring a fairy tale trail winding through ancient woodland, whether strolling alongside an idyllic trout stream or scrambling across a cataract of rocks, whether burrowing along a bowery path flanked by mossy embankments or following the airy contours of the spectacular coastal path, whether weaving between delicately sculpted dunes or wandering across the flat sands of the tideland, whether gazing at the wide blue horizon from a wind battered headland or simply lounging about taking a break on a breathtakingly beautiful beach, visitors to Brittany soon realise it is a perfect place for getting away from it all . Boasting more than 3,000 kilometres of waymarked paths, a tourist infrastructure that is highly developed without being obtrusive, and regular budget flights, the region has all you need for a long-weekend away or a full walking holiday. Aimed at both the casual visitor and the long-term resident, this book details the extraordinary variety of walking in Brittany, from easy strolls to challenging long-distance outings, featuring forty itineraries in Finistere, Cotes d Armor, and Ille et Vilaine. Walking routes include: walking route summary; ratings for Effort, Time, Distance, Ascents/Descents, Refreshments and Vertigo-risk; fully detailed walking description, including frequent timings to aid navigation and check your progress; GPS waypoints at every key point on every route; full colour 1:25,000 scale IGN licensed mapping for each route; short walk and stroll alternatives

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As we are based in the north of England, most of our customers live in the UK, and our **Walks in**

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